



Keep Calm and Latch On

FREE Breastfeeding Class and Support

Upcoming 2018 classes

March 24th @ 1:00 pm

May 19th @ 10:00 am

July 21st @ 1:00 pm

September 22nd @ 10:00 am

November 17th @ 1:00 pm

Moore County Hospital District

OB waiting room

Come learn about the benefits of breastfeeding and tips to enhance your breastfeeding experience.

Also, meet with other moms who have successfully breastfed or are currently breastfeeding.

Door prizes to be given!!!!

Drinks and snacks also provided

Presented by Jessica Raymond, BSN, RN, CLC and Becky Hays, RN, CLC

Please call the lactation hotline [806-934-6110](tel:806-934-6110) to register

Or Email us at lactation@mchd.net